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SERVICES & MASS INTENTIONS THIS WEEK

Sat 14 Nov	**Vigil for the Thirty-Third Sunday in Ordinary Time**
5.00pm	*Holy Hour*
6.00pm	*Theodoro Santiago. RIP Anniversary*
Sun 15 Nov	**Thirty-Third Sunday in Ordinary Time**
08.00am	*Our Parish Community*
10.30am	*Maureen Springham. RIP*
Mon 16 Nov	**St Edmund of Canterbury, Bishop**
09.30am	*Joan Higgins. Thanksgiving*
11.00am	*Funeral Mass for Julia Beine. RIP*
Tue 17 Nov	**Tuesday in Ordinary Time**
09.30am	*Bernadette O'Reilly. RIP*
Wed 18 Nov	**Wednesday in Ordinary Time**
	NO MASS
Thu 19 Nov	**Thursday in Ordinary Time**
09.30am	*Anton Jesudasan. RIP*
10.00am	*Holy Hour*
Fri 20 Nov	**Friday in Ordinary Time**
09.30am	*Maria Endean. RIP Anniversary*
Sat 21 Nov	**Vigil for Our Lord Jesus Christ, King of the Universe**
5.00pm	*Holy Hour*
6.00pm	*Mass for the Holy Souls*
Sun 22 Nov	**Our Lord Jesus Christ, King of the Universe**
08.00am	*Our Parish Community*
10.30am	*Peggy Mitchell. RIP*

This week the Church Porch will remain open for private prayer (except Wednesday) until approx. 5pm.
Adoration & Confessions on Thursday at 10am and Saturday at 5pm

Follow Fr David on Facebook: *stteresasnewburypark*

WHILE YOU ARE VISTING THE CHURCH. PLEASE ENSURE YOUR MOBILE PHONE IS SWITCHED OFF/TURNED TO SILENT. ALSO, THAT YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS.

PARISH NEWSLETTER
St Teresa's Catholic Church

The Presbytery, Brook Rd, IG2 7JA
Parish Priest: Rev Fr David Pearce
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Email: newburypark@brcdt.org
Website: stteresasnewbpark.com
Parish Office Hours: Mon & Tue 10.30am - 2pm; Fri 10am-1pm
Reg Charity 234092



THIRTY-THIRD SUNDAY IN ORDINARY TIME — 15 NOVEMBER 2026

Dear All,

Last week I started talking about the last of the four letters of "A.C.T.S." (Adoration/ Contrition/ Thanksgiving/ Supplication). We call it supplication but there is an important technical distinction – supplication is when we ask for others and petition is when we ask for ourselves. In many ways this is the easiest aspect to understand – asking for things. This is the one that children start with - and which those of you who are parents can relate to much better than a single man like me…! However, what we ask for changes as we get older. I have always been a worrier – a married colleague once told me that one never knows true worry until one has children: perhaps it's just as well that I never married then. Yet that proves a general point – as we get older, we begin to come to the sad realisation that we are not the centre of the world. When we love someone deeply, we are often more concerned for their wellbeing than for our own. It is right that we ask God – all that we receive comes from God. Asking, though, is only the first half. I once went to visit a school contemporary with his young children and brought sweets for them. However, I was firmly told that the sweets could not be handed over until the children had said thank you. At a human level this is good manners. It helped the children realise that gratitude is important – and will help them in the decades to come when they are parenting. Yet at a spiritual level this is an important link to make – saying thank you reenforces two things. First, that we are stewards here who have been entrusted with God's good creation. Secondly, we are loved creatures who are watched over. Gratitude is the counterpoint to supplication.

Isn't it self-indulgent to ask for one thing after another…? Our Lord asked in the garden in his agony. "If it be possible let this cup pass me by". The key is in the second part of his plea: "Nevertheless, thy will be done". As we mature in prayer, we learn to ask to accept his will for us. I have to say my life isn't what I had planned for as a teenager – God knew that my misguided dreams wouldn't have brought me the expected fulfilment. Sometimes we are given gifts without realising them. A wise priest I knew used the example of a merchant who found the pearl in the field. Often, he said, we discard and bury something only later to return and dig it up to find it was a pearl after all. When we pray, we ask to re-align our wills – we learn (slowly!) to want what God wants for us. When we come to know God's love for us, we come to trust that his will for us is far better than anything we could design **for ourselves…**

God bless, *Fr David*

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and
unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER WHEN YOU ARE UNABLE TO BE AT MASS

Dear Guardian Angel, go for me to the church, there kneel down at Mass for me. At the Offertory, take me to God, and offer Him my service: What I am, what I have, offer as my gift. At the Consecration, with your seraphic strength, adore my Saviour truly present, praying for those who have loved me, for those who have offended me, and for those now deceased, that the blood of Jesus may purify them all. During Holy Communion, bring to me the Body and Blood of Jesus uniting Him with me in spirit, so that my heart may become His dwelling place. Plead with Him, that through His sacrifice all people throughout the world may be saved. When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

CHURCH ROTAS

.This Week		21-22 Nov			
Cleaning Team	C		**6pm**	**8am**	**10.30am**
Altar Linen	Raleen	**Readers**	Shalini	Shobin	Raleen
Offertory Counters	Joseph/Fr David	**Eucharistic Ministers**	Marian	Stephen	Raleen
		Flowers	Pat, Mary & Glenda		

ANNIVERSARIES FOR NOVEMBER Gertrude Abado, Richard Burke, Mary Carter, Joan Clark, Piedade D'Souza, Josephine Donovan, Monica Field, Mary Fontenelle, Edward Gallagher, Pat Kelleher, Cornelius Linehan, Patrick McGoldrick, Eileen McGuigan, Peggy Nolan, John Nugent, Brigid O'Brien, Hugh O'Neill, Leonard Owen, Kathleen Phylactis, Sean Riordan, Peter Soares, Rose Soares, Jim Tynan, Kathleen Vane, John Ward and Alfred Winiecki.

PRAYERS FOR THE SICK Please pray for those in our community who are sick and housebound, especially all the patients in Goodmayes, King George's and Queen's Hospitals and all the sick Priests of the Diocese. If you would like a sick family member or friend to be included in the "Prayers for the Sick", please speak to Fr David or contact the Parish Office.

SICK AT HOME OR IN HOSPITAL If anyone is seriously ill at home or is in hospital, it is vitally important to let Fr David know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (at King George Hospital, 8590 9026; at Queen's Hospital, 01708 435000; at Whipps Cross Hospital, 8520 5877).

JULIA BEINE RIP – The funeral mass for Julia Beine will take place on ***Monday, 16 November*** at 11:00am with the committal at Forest Park at 12:30pm. Please pray for the repose of her soul, for the comfort of her family and all who mourn her passing.

May her soul and the souls of all the faithful departed rest in peace. Amen.

REFRESHMENTS AFTER 10.30am SUNDAY MASS Tea & coffee organised by the members of St Teresa's Ladies Guild will be available in the Hall immediately after the 10.30 Mass ***this Sunday.*** Everyone is welcome and all proceeds will go to charitable causes.

RCIA The next session will be held in the Pastoral Centre ***at 7pm on Monday, 16 November*** and will cover the Trinity and the Incarnation. Anyone who would like to attend to learn more about the faith is very welcome.

SUNG REQUIEM MASS at St Patrick's Cemetery Chapel, Langthorne Road, Leytonstone E114HL ***at 10.00am on Friday, 20 November***. The Mass will be celebrated for all those at rest in the cemetery.

RECOLLECTION FOR WOMEN There will be a recollection for women here on ***Saturday, 21 November***, from 2pm to 3.30pm. The recollection led by Fr Neil Brett, comprises meditations, examination of conscience, rosary, benediction and an opportunity to go to confession. Refreshments will be available afterwards.

CHILDREN'S LITURGY GROUP The group usually meets on the first Sunday of the month at 10:30am. For one weekend we will trial the group at the two other weekend Masses.. Hence, at the 6pm and 8am Masses on ***Saturday & Sunday, 21/22 November*** respectively, the invitation will be extended to all children of primary school age. We will leave it up to individual's parents to decide whether their child would benefit from attending the group.

VISITATION OF THE BISHOP Bishop Alan will be visiting on ***Sunday, 22 November*** and celebrating the 10:30am Mass. It would be good to have as many parishioners present as possible to welcome him. Light refreshments after mass.

NATIONAL YOUTH SUNDAY ***Next Sunday,*** the Feast of Christ the King, has been designated as National Youth Sunday, a day dedicated to supporting Catholic youth ministry. There will be a retiring collection for the Brentwood Catholic Youth Service (BCYS) to help support events, retreats and pilgrimages for young people in Essex and East London. Donations may be *"Gift Aided"*, so those in the "*Gift Aid"* scheme, please use one of the designated envelopes for your donation which you will find at the back of the church and the fund will benefit by a further 25%. The Fund will similarly benefit if taxpayers use one of the special light blue *"Gift Aid"* envelopes which you will also find at the back of the Church. Also, please continue to pray for the work of the BCYS and Walsingham House, for all young people and those who work with them. If you wish, you can also donate online at www.bcys.net/donate, and please do visit the website to find out more and how to get involved.

SANCTUARY LAMP If you would like to offer a candle to be placed in the Sanctuary Lamp for your own private and personal intentions, please put your donation (min £3.50 to help cover the cost) in an envelope marked "Sanctuary Lamp" and the intention and place it in the Repository Box marked "Candles" at the back of the Church.

INVITATION TO A MASS OF THANKSGIVING All parishioners from across the diocese are warmly invited to attend a Mass of Thanksgiving to be celebrated by Bishop Timothy Menezes following his appointment as Bishop of the Diocese of Brentwood. Join us as we gather in prayer and thanksgiving to welcome our new Bishop and seek God's blessing upon his ministry. All are welcome. Masses will be celebrated in the Cathedral Church of St Mary & St Helen on ***Tuesday, 08 December at 11:00am*** and at St Antony of Padua Church, St Antony's Road, Forest Gate, London E7 9QB on ***Tuesday, 08 December at 7:30pm***.

BCYS ADVENT RETREAT AT WALSINGHAM HOUSE ***12-13 December*** A weekend of festive fun, friendship, prayer and reflection exploring the meaning of Advent. Open to anyone in school years 10-13. All information and applications at www.bcys.net/events

CHAPTER OF CANONS MASS will take place in the Cathedral Church of St Mary & St Helen, Brentwood on ***Monday, 14 December*** at 10.30am celebrated by Bishop Timothy. All are very welcome to attend.

BCYS SUMMER LOURDES PILGRIMAGE *17-24 July 2027* Join BCYS in Lourdes for an unforgettable week of faith, friendship and service, supporting elderly and infirm pilgrims while experiencing prayer, processions, excursions and plenty of opportunities to grow in faith! Applications are open NOW for all those in school year 10 and above. All information and to applications at www.bcys.net/events

PARISH SUNDAY MISSALS The new parish missals covering the first six months of the next Liturgical Year, (Year B) which starts on the First Sunday of Advent, have now been delivered. If you would like to make a donation to defray some of the costs involved in purchasing these Missals, then please use one of the "Parish Missals Donation" envelopes which you will find at the back of the Church and place it in the Offertory basket.

SUPPORTING YOUR CHURCH Provided your circumstances allow it, please try to support the parish financially even if you are unable to attend Mass. Your continued generosity is much needed and, of course, greatly appreciated. Ideally, we would prefer all donations to be made by Standing Order. This is by far the best way for the parish to receive your offering as well as providing a steady income as there are no cash handling fees and we still receive your donation should you be on holiday or miss Mass. Also, please *Gift Aid* your donation if you are able to. If you have any queries about the *Gift Aid* scheme, then please contact Pat Callaghan our *Gift Aid* Organiser on 020 8220 0306 or email patjcallaghan@gmail.com

GRAVE LIGHTS Grave lights, suitable for private visits to graves, are still available from the Repository priced at £2 each. Please place your money in the box marked "Candles".

NOVEMBER ENVELOPES It is customary to place the names of our departed loved ones on the altar during November, the month of the Holy Souls and to pray for them often at Mass. Please take one of the November envelopes and put the names of your loved ones inside. Please do not include any money in the envelope. If you wish, you can place an offering in the Holy Souls box by the Repository which will be used for Masses for the Holy Souls either here or in a parish where there is need. You may of course request Masses for departed loved ones in the usual way but please bear in mind the current waiting period.

READING THE BIBLE THROUGH ADVENT AND CHRISTMAS Fr Adrian Graffy, parish priest of Gidea Park and member of the Pontifical Biblical Commission, has just published *Reading the Bible through Advent and Christmas*. This new book includes commentary on all the Scripture readings for Mass throughout these two seasons. Full information about the book can be found on the homepage of the website*www.whatgoodnews.org*

FOOD DONATIONS We are once again appealing for donations of food - ideally of the long-life variety. Your donations should be placed in the box at the back of the church and periodically will be taken to the Ilford Drop-in Centre hosted at the Cardinal Heenan Centre in Ss Peter and Paul Church, Ilford.

DIRECTORY OF PROFESSIONS A number of our young parishioners may well be struggling to make a decision about their future and would very much welcome the advice and personal insights of the many diverse professionals in our parish on how best to proceed in determining a possible career path. No matter what your trade or profession is, or was, you will have undoubtedly learned much in your work experience with which you could usefully share with someone preparing to start out on their working life. If you would be willing to give a few words of advice to anyone if asked, please speak or email Fr David and let him have your contact details. Hopefully, we might then be able to put together and publish a Contact Directory.

BECOMING A SCHOOL GOVERNOR Catholic schools rely heavily on good governance, and we are asking if you, or anyone you know, may be able to support our schools by becoming a foundation governor. There are leaflets at the back of the church. Please contact sandramoss@brcdt.org if you would like to have a conversation about becoming a school governor.

MASS REQUESTS Please note that if you want a Mass said on a particular day then do make this clear on the Mass Request envelope and enter your contact details **so you can be advised if your requested date is not available.** Also, the Parish Office is occasionally asked if there is a set fee for the priest to offer Mass for a particular intention. The simple answer is that there isn't, but the diocesan guidelines currently suggest that a donation of £10 would be appropriate. However, if you cannot afford this, please do not be put off from asking for a Mass to be celebrated.

PARISH BANKING DETAILS The key details for direct payments to the parish bank account are Account Name: Catholic Church, Newbury Park; Sort Code: 40-13-22; Account No: 71019716**. If you use this method, please put your Surname and First name as a reference.** If you are part of the Gift Aid scheme, then please also add your Gift Aid number. Please remember too that all cheques should be made payable to "St Teresa's Catholic Church".

DONATION ENVELOPES If you are in the envelope scheme, please make sure that the number on the envelope you use is the same one which has been allocated to you for this financial year. A reminder too that if you do use one of the light blue general "*Gift Aid*" donation envelopes from the back of the Church, then you must enter either your Contributor Number or your full name and address on the envelope otherwise we cannot claim any "*Gift Aid*" on your donation. Please DO NOT use these envelopes if you cannot *"Gift Aid"* your donation.

FOSTERING IN REDBRIDGE The Council is always looking for foster carers who would like to care for children who are disabled or have additional needs. There are many different care packages offered to support the child and foster carers fully, along with additional allowances for foster carers, and comprehensive training. If you are considering fostering and would like to know more, please visit https://www.redbridge.gov.uk/fosteringfaith or call us on 020 8708 6068 to book a place at one of our information sessions.

BAPTISM PREPARATION If you are expecting a baby or have a baby for baptism in the next couple of months, please speak to Fr David who will help you make the appropriate arrangements.

KIDS BULLETIN A children's version of the gospel is available weekly. This can be accessed on the following website www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

LIFTS TO CHURCH For some people getting to church, whatever the weather, is a genuine concern. It may be that some of you are in a position to offer a lift or would very much like a lift to church, particularly when the weather is bad. This is also a good way of getting to know others in the parish. Whilst those who can walk to church are generally encouraged to do so, if coming by car means you can bring someone else who can't so easily get here then it would be very commendable to do so. If you are able to offer a lift to someone on a regular basis, or if you could really do with a lift to church, please contact the Parish Office. If we can find a suitable match, we will then facilitate an introduction

HOLY SOULS The practice of offering the holy Mass for the repose of the souls of our departed relatives and friends originates in the early church and is deeply rooted in our catholic culture. Both as an act of charity and as a practical act of mercy, we might also care to remember in this way all the forgotten souls in purgatory. The Donations box on the counter at the back of the church by the Repository has a section that is marked for the "Holy Souls". All the donations put into that part of the box are used exclusively for Masses to be said for the Holy Souls here in St Teresa's or, are sent to Missio, for the Masses to be said in a mission diocese overseas.

NEW ALTAR SERVERS If you have made your First Communion and wish to start training as an altar server, please speak to Fr David.

HELP FOR THOSE IN NEED If any families or individuals in our parish community are experiencing serious hardship at present, please contact Fr David in confidence: thanks to the donations accumulated over time specifically for those in need, he may be in a position to offer some support.

POOR BOX The Donations box on the counter at the back of the church by the Repository has a section that is marked for the "Poor". All the donations put into that part of the box are used exclusively to help those in need especially those who occasionally call at the Presbytery seeking assistance. Any contributions would, of course, be most welcome and gratefully received.

TWIN PARISH Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Khulekani Dube.

MAINTENANCE MATTERS If parishioners have any suggestions for works/defects which they think need attention either in the Church, Parish Hall, Pastoral Centre or grounds then please let Fr David or the Parish Secretary know either directly, or by email to ***newburypark@brcdt.org.*** Suggestions will be considered and prioritised according to urgency and available funds.

CAR PARKING Please park responsibly and take care not to obstruct emergency access to the church.

CHURCH GROUNDS Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

PARISH HALL All enquiries about the booking arrangements for and conditions of hiring the Parish Hall should be addressed to Sid James, the Hall Manager. He can be contacted on 07887983310 or by email at ***cfj65@btinternet.com***

PARISH WEBSITE The website is an ideal medium for sharing with fellow parishioners' photos of various Parish events. So, if you have organised or attended a parish event and have some great pictures, please send them to ***newburypark@brcdt.org*** and we'll try and put them on the website for everyone to see and enjoy. Also, if you would like a copy of any of the photos on the website then please email ***newburypark@brcdt.org***

VISITORS If you are a visitor to St Teresa's then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a taxpayer and would like to "Gift Aid" your Offertory donation, then please use one of the special blue general purpose "Gift Aid" envelopes which you will find at the back of the Church.

NEW PARISHIONERS You are very welcome here. Please make yourselves known to Fr David and complete one of the Parish Registration Forms as soon as possible.

VOTIVE CANDLES Please be extremely careful when lighting votive candles and only use those provided on the stand.

MOBILE PHONES Please ensure that your mobile phone is switched off/turned to silent while you are visiting the church (especially during the Celebration of the Mass).

NEWSLETTER ITEMS If you have any items for inclusion in the weekly Newsletter then please email them to ***newburypark@brcdt.org The copy deadline for including items in the Newsletter is Tuesday, 12noon.***

JOB OPPORTUNITIES

SCHOOL VACANCIES All Brentwood Diocesan Catholic School Vacancies (of which the Education Services Department are aware) are posted on the Diocesan website- *https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/*

THE URSULINE ACADEMY ILFORD is looking to recruit an **HR Administrator From: 30 November. Closing Date: Noon Friday, 27 November** Please see website for further details www.uai.org.uk/joining-us/come-work-at-uai